



Swallowfield Community Responders

Dear Supporter

Welcome to the February 2015 update for all of the kind supporters of our Group.

February despite being a short month was busy. We were despatched 39 times.

The analysis of the call areas was as follows:

| | February | TOTAL |
|------------------|----------------------|--------------------|
| AREA | Calls - Month | Calls - YTD |
| Shinfield | 9 | 14 |
| Spencers Wood | 7 | 14 |
| Whitley | 7 | 11 |
| Swallowfield | 3 | 6 |
| Arborfield | 3 | 6 |
| Hampshire | 3 | 3 |
| Reading | 2 | 2 |
| Farley Hill | 1 | 4 |
| Riseley | 1 | 1 |
| Mortimer | 1 | 2 |
| Burghfield | 1 | 2 |
| Lower Earley | 1 | 2 |
| Three Mile Cross | 0 | 5 |
| Beech Hill | 0 | 0 |
| Other | 0 | 0 |
| TOTAL | 39 | 72 |

| | | |
|---------------------|----------------------|--------------------|
| Parish: | Calls - Month | Calls - YTD |
| Shinfield | 16 | 33 |
| Other | 11 | 16 |
| Swallowfield | 5 | 11 |
| Arborfield | 3 | 6 |
| Reading | 2 | 2 |
| Burghfield | 1 | 2 |
| Stratfield Mortimer | 1 | 2 |
| Beech Hill | 0 | 0 |
| TOTAL | 39 | 72 |

February saw us attending the usual incidences of chest pains and breathing difficulties. We also attended several people who had fallen, some suspected strokes, patients who were fitting, a diabetic, someone suffering an allergic reaction, and unfortunately someone who had died.

Our assistance once again went mostly to the ladies representing 59% of all calls, men 40% and children 1%. It was actually a quiet month for children as we only had one call to a child.

The Average ages were 59 for the ladies, 55 for the men and 4 for the children.

We logged 379 hours of voluntary service in February bringing our year to date total to 786.

Staff

We have started to drop leaflets through peoples front doors in the hope of stirring an interest in someone to come and join our group and Barry and Stephen were outside the co-operative store in Shinfield on a couple of days handing out leaflets as well.

We really do hope that we can get someone new soon as Chris will be leaving us shortly for a period of time as he goes to his home in France.

In March it is our six monthly recertification where we hope we will all pass again in order to continue to provide our service to the local communities. Due to his impending departure, Chris has already taken his recertification and has passed, so well done Chris.

Events

As we start to plan our attendance at the various events throughout the year we thought we would give some advance notice of where we will be so that we both advertise the event itself and also give you the opportunity to come and have a chat with us. In 2015 we will be attending the following events so far:

- Arborfield Village Fete – 6th June
- Swallowfield Church Fete – 13th June
- Farley Hall Horse Trails – 20th & 21st June
- Shinfield Church Fete – 27th June
- Swallowfield Show – 30th & 31st August

Local Giving.com

As you are aware, both the Swallowfield Community Responders and Heartstart Swallowfield have localgiving.com accounts as they provide an invaluable and very effective way of fundraising. We are well known to the owners of the site and the Berkshire Community Foundation who introduced us to and play a large part in it. So much so in fact, that if localgiving.com visit the Berkshire Community Foundation with guests they often ask if we would mind if they brought their visitors along to explain what it is we do and why we use localgiving.com. In March we were asked to host such an event where to our great surprise [Marcelle Speller OBE, Executive Chairman](#) and the founder of localgiving.com came along with a large supporter of the website. We had some very good feedback and afterwards one of the visitors said

“Thank you so much for showing us around today. I've just been reading your newsletter - great job! All the best”

First Aid Cover

We are very pleased to say that The Riseley, Swallowfield and Farley Hill Charitable Trust's Spring Ball was a huge success and they have advised us that they will be using some of the funds raised to purchase an Automated External Defibrillator for us, which we can use when we provide first aid cover.

Victory Hall at Farley Hill

We would just like to say a big Thank You to the management committee of the Victory Hall in Farley Hill for supporting the Swallowfield Community Responders. Previously we have had to hire and pay for a room for our recertification evening but they have offered the use of their hall FOC for this purpose so this has obviously saved us a bit of money.

HEARTSTART SWALLOWFIELD

February saw us back in training mode and we delivered

- 2 courses for the residents of Farley Hill
- 1 course for the residents of Arborfield
- 1 public course in Spencers Wood

On our Spencers wood course we had a 12 year old boy who proved to everyone just how easy what we teach is and that anyone can use an Automated External Defibrillator. He actually had this to say about the course:

"Last night I went to the heart start course, and I was so impressed with what Gary and his friends taught me and my mum. It was very easy to understand and I would happily do the course again. I especially enjoyed using the AED, automated, external, defibrillator, and also watching all of the life situations. If you are looking to take this free (and life saving) course with your son or daughter then I would highly recommend it."

Simple Skills Save Lives

Don't leave a M8, Or it could be 2 L8

From Ethan

Age:12

I think that goes to prove that our courses are aimed at all ages and the more younger people we can train now the better.

Other comments have been:

"Excellent – everyone should do it"

"First rate training. Very helpful being encouraged & able to ask questions at any time"

"Fantastic course. Its brilliant work your doing and its been a real eye opener."

To date we have now trained 300 people on our courses and our next course in Swallowfield is full, although we have spaces on our April course. We really would encourage everyone to come along and give the course a go. We try to make it enjoyable and fun, whilst ensuring that the serious aspects of the course are more than covered and understood.

The full details of the course and dates can be found at www.heartstartswallowfield.co.uk. Alternatively give Gary a ring on 07768 068 270.

In relation to our AED's, things are not moving as quickly as we would have hoped although we are pleased to say that the following are now live:

- Co-operative store Shinfield
- Beech Hill Memorial Hall
- Swallowfield Parish Hall
- Riseley Village Tea Rooms
- Victory Hall - Farley Hill

We are currently waiting for the cabinet to go up on the Arborfield Village hall and we are currently liaising with Frasers Retail Limited over the one going on the BP Garage at Three Mile Cross.

On our last Heartstart Course the area manager of the Day Lewis Pharmacy in Spencers Wood kindly offered their support to host an AED for us and subject to some discussions with the Council, we will be putting one up there shortly.

We are now looking to possibly assist the villagers of Stratfield Saye by trying to raise funds to put an AED in their village. We will be attending a Council Meeting in May to explain things, although the task of fundraising has already started!

Swallowfield Community Responders

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www.swallowfieldresponders.co.uk